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| --- | --- | --- | --- | --- |
| **Part One**  | **12**  | **9**  | **6**  | **3**  |
| **Canned v Frozen Position Statement** | The position statement provides a clear, strong statement of the author's position on the topic. | The position statement provides a clear statement of the author's position on the topic. | A position statement is present, but does not make the author's position clear. | There is no clear position statement. |
| **Grammar & Spelling** | Author makes no errors in grammar or spelling that distract the reader from the content. | Author makes 1-2 errors in grammar or spelling that distract the reader from the content. | Author makes 3-4 errors in grammar or spelling that distract the reader from the content. | Author makes more than 4 errors in grammar or spelling that distract the reader from the content. |
| **Supporting Evidence** | At least 3 pieces of supporting evidence are included | 2 pieces of evidence are included | 1 piece of evidence are included | Evidence not provided  |
| **Evidence and Examples** | All of the evidence and examples are specific, relevant and explanations are given that show how each piece of evidence supports the author's position. | Most of the evidence and examples are specific, relevant and explanations are given that show how each piece of evidence supports the author\'s position. | At least one of the pieces of evidence and examples is relevant and has an explanation that shows how that piece of evidence supports the author\'s position. | Evidence and examples are NOT relevant AND/OR are not explained. |
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| **Part Two** | **4**  | **3**  | **2**  | **1**  |
| **Healthy Guidelines** | At least 3 healthy guidelines are included for 56 year old diabetic | 2 pieces of evidence are included for 56 year old diabetic | 1 piece of evidence are included for 56 year old diabetic | Evidence not provided for 56 year old diabetic |
|  | At least 3 healthy guidelines are included for 23 year old Crohn’s | 2 healthy guidelines are included for 23 year old Crohn’s | 1 healthy guideline is included for 23 year old Crohn’s | Evidence not provided for 23 year old Crohn’s |
|  | At least 3 healthy guidelines are included for vegetarian | 2 healthy guidelines are included for vegetarian | 1 healthy guideline is included for vegetarian | Evidence not provided for vegetarian |
|  | At least 3 healthy guidelines are included for pregnant female | 2 healthy guidelines are included for pregnant female | 1 healthy guideline is included for pregnant female | Evidence not provided for pregnant female |
| **es** **Explanations** | Clear explanation for healthy guidelines is included for all 4 individuals | Clear explanation for healthy guidelines is included for 3 individuals | Clear explanation for healthy guidelines is included for 2 individuals | Clear explanation for healthy guidelines is included for one or no explanations are included |
|  |  |  |  |  |
| **Part Three**  | **4**  | **3**  | **2**  | **1**  |
| **Healthy Guidelines Explanations** | One advantage and one disadvantage is included for all 5 examples | One advantage and one disadvantage is included for 4 examples | One advantage and one disadvantage is included for 2 or 3 examples | One advantage and one disadvantage is included for just 1 example or no advantages and disadvantages are included |
| **Scenarios From Part 2 Indicated**  | Scenarios indicated for all 5 examples | Scenarios indicated for 4 examples | Scenarios indicated for 2 or 3 examples | Scenarios indicated for just 1 example or no scenarios are indicated |
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| **Part Four** | **4**  | **3**  | **2**  | **1**  |
| **Ingredients** | Ingredients for an entire meal are clearly listed | Ingredients for a meal are listed | Some ingredients are listed | No ingredients for a meal are listed |
| **Cooking Method** | Methods for an entire meal are clearly listed | Methods for most of the meal ingredients are listed | Method for some of the meal ingredients are listed | No cooking methods are listed |
| **Seasoning** | Seasonings for the entire meal are clearly listed | Seasonings for most of the meal ingredients are listed | Seasonings for some of the meal ingredients are listed | No seasonings are listed |
| **Reasoning** | Reasons for the entire meal are clearly listed | Reasons for most of the meal ingredients are listed | Reasons for some of the meal ingredients are listed | No reasons are listed |
| **Photo or note** | Photo or note included |  |  |  |
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| **Extra Credit** |  |  |  |  |